IS IT OK TO BE SINGLE?

Alright, this article is from the same person who gave a lecture on WHAT IS LOVE in this very edition ;)

That is not as bad as you think, I mean, both, this article, and being single.

Yeah Yeah, I know how most such articles start, teaching you self-love, exploring yourself etc. How about, we start with the reasons why are you single?

Number 1: You are too afraid to start a relationship or confess your feelings. In this case you need a best friend more than this article.

Number 2: You have been in a serious relationship, and now you no longer want any of that again. Okay that's fine. You had been in your miniature land of fantasy, filled with love, happiness, joy and perfection. However when it destroys, it takes away a part of you that is hard to retrieve. It will take time to heal. And it's fine to take time to reconstruct yourself. And you must take all the time you need. But beware of any mental illnesses in this low phase of yours. You cannot diagnose them yourself so don't isolate yourself from family and friends. **It is ok to be single**, you can find someone else no, or you can go for those self-love, adventures, travelling and find yourself.

Number 3: Haven’t found someone yet? You feel alone, your life is passing by, you don't feel good about it. You may wonder if you will ever have true love in your lif. Stop these thoughts. It may be that you have not met the right person yet. Not to mention, the concept of perfect love/ soulmate does not really exist. Be happy. You can’t date someone just because your friends are and you think your age is passing by. **It is better to be single** than to be with the wrong person.

Maybe your reason was not listed above. Whatever it is, be happy, embrace yourself. Don’t push yourself into something that turns out to be wrong. Yes dear, **It is ok to be single**.

Suniti Jain

Cse , 2nd year.